

## Class Schedule

### Monday

Open Mat at 12:00 Noon

Kids class at 5:30

Adult Gi JiuJitsu at 6:30

Open Roll at 7:30

### Tuesday

Adult No Gi at 12:00 Noon

Kids Striking at 5:30

Adult Beginner Striking at 6:30

NoGi JiuJitsu at 7:30

### Wednesday

Open Mat at 12:00 Noon

Kids Class at 5:30

Adult Gi JiuJitsu at 6:30

Open Roll at 7:30

### Thursday

Adult No Gi at 12:00 Noon

Striking at 6:30

NoGi JiuJitsu at 7:30

### Friday

Open Mat at 12:00 Noon

Kids Class at 5:30

NoGi JiuJitsu at 6:30

Saturday Closed

### Sunday

Woman's JiuJitsu at 2:00

Open Mat at 3:00



## **Pejak Martial Arts**

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